FIND THE RIGHT GYM MEMBERSHIP OPTION FOR YOU!



As an eligible Blue Cross Blue Shield member, you have free access to Blue365, which provides exclusive discounts on gym membership access, including these popular offers below.

Aaptiv | Active&Fit DIRECT™ | fitness your way by Tivity Health®

Premium gyms and studios at a discount	Your favorite national gym chain for less	Budget-friendly and flexibility in visiting multiple gyms
• Access up to **20,000 gym studios** like Orange Theory,® YMCA,® Life Time,® F45, SolidCore, CycleBar,® and Pure Barre.® • Choose from **multiple membership plans** ($39.98, $74.98, $124.98 or $233.99) and **a $25 enrollment fee**. • Multi-location access included—visit any gym in your membership tier **anytime, anywhere**. • Access to AI-powered workout plans.	• Choose from over **20,000+ total gyms**. 12,700+ standard gyms including **multiple locations** with national chains like 24 Hour Fitness,® Crunch Fitness,® Anytime Fitness,® Gold's Gym,® LA Fitness® and select YMCA® locations. • Standard membership for **$28/month** plus a **$28 enrollment fee**. • Choose from **9,800+ premium studio options** including Orangetheory Fitness,® Stretch Lab,® Club Pilates,® Yoga Six,® FIT4MOM,® F45,® and more at 20% - 70% off retail. • Personalized virtual well-being coaching in fitness, nutrition, stress, sleep, and GLP-1 assisted weight loss.	• Access up to **13,000+ fitness locations** including select Life Time,® EoS Fitness,® Planet Fitness,® Curves,® and Snap Fitness® locations. A limited number of YMCAs and Gold's Gyms in certain areas also participate. • Plans start as **low as $19/month** with additional plans at $29/$39/$129/$159/$199/$239 and a **$19 enrollment fee**. • Visit any participating location–**anytime, anywhere**–as often as you'd like. • Discounted access to massages and acupuncture.
• Standard and premium gym options.	• On-demand videos available.	• No long-term contracts or annual maintenance fees.

*Prices above do not include sales tax.

BlueCross BlueShield | Blue365

Federal Employee Program®

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